

Stand By Me Newsletter

February, 2015

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Tu B'Shvat

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WANT TO VOLUNTEER WITH US?

We need volunteers to help with:

- Visitation
- Phone calls
- Child care / babysitting
- Driving / deliveries

Dear Stand By Me family,

We hope that the year 2015 started off well for you! In the spirit of new beginnings, fresh starts and reaffirmation of love, we wish you all a bright 2015!



Like in every newsletter, we ask you to please take a moment to think if there is anyone you wish to refer to our organization: **patients**, **volunteers**, anyone **we can help** or anyone who **can help us**. In the past 5 years our growth was mainly driven by word-of-mouth recommendations, and we ask that you continue to help us grow so that we can help more people.

Stand By Me Is Expanding to Las Vegas!

With the beginning of year 2015, Gila Milstein, the President of the organization, is excited to announce our expansion to Las Vegas. The Las Vegas office will perform as an extension of the Los-Angeles office.



Ofra Etzion, who has been living in Las Vegas for the past 13 years and is an active Israeli-

- Food preparation
- Specialty / professional services

Please reach out to Batya Levy at:

batyal@standbymela.

"How beautiful a day can be when kindness touches it" ~ George Elliston

New Services for Patients!

- Feldenkrais Movement Therapy
- Nutritionist

Please contact Sigal Ankri for more information: SigalA@standbymela.org

LEADERSHIP & MANAGEMENT

Gila Milstein, President

Arik Chaim, Secretary

Dr. Daniel Lieber, Advisor American community member, was appointed to represent Stand By Me in Las Vegas. She has already recruited kind people who will volunteer and help out.

Ofra says: "We are a small community, and we need to help each other out. In Hebrew, especially, the hug is personal and feels like a family-hug."

To contact Ofra please email her at: OfraE@standbymela.org

As you all know by now, we call ourselves "the Stand By Me family", and we are here so that no one faces cancer alone. Now "we are here" - also in Las Vegas. If you need our help, or know someone who needs our help we'll be happy to embrace any Hebrew speaking cancer patients into our family.

If you are interested in volunteering, donating or helping in any other way - we can use your help.

Stand By Me's President. Gila Milstein, and all of us at the Stand By Me family, wish the Las Vegas extension lots of good luck with the blessed work that they do, as well as a year of happiness and health.

"Love is just a word until you find someone who gives it the definition"





Shalom Warman with his handmade Valentine's Card

Arts & Crafts

For Valentine's Day, **Nira Gat** hosted a Valentine's
Day arts & crafts at her
home. Together, we



Valentine's Day Party!

Two days before the actual holiday, we celebrated Valentine's day with good company, great Israeli music and tasty middle eastern food.

Sigal Ankri, Co-Founder, Patients Coordinator

Batya Levy, Office Manager, Volunteer Coordinator prepared cards for our loved ones.

Nira - **thank you** for opening your home and for providing the guidance and the materials! It was uplifting as always!

Thank you!

- Hayuta Cohen & Siggi Cohen for opening Good Life
 Academy for us. We could not
 have asked for a more beautiful
 setting for our party.
- **DJ Israel Levi** for the lovely music.
- Tommy Marudi for feeding us with delicious <u>Middle Feast</u> Food Truck dishes!





For **Tu B'shvat**, a group of Care Girls / Bat Mitzvah girls prepared fruit baskets for our patients and delivered them.

Nava Shmool - thank you for organizing, for choosing Stand By Me for these wonderful gifts and for celebrating the holiday with us!



Last but not least - huge thanks to

Care Girls for taking the time to give and do good deeds. Our patients loved you and appreciated your kindness!

Special Thank You to Volunteers



Stand By Me is blessed to have volunteers who give their time, energy and talents without any compensation. Their compassion inspires us all! In this newsletter we would like to give a special thanks to a few groups of people who help us on an ongoing basis.





Dear volunteers.

Thank you for cooking food for our patients every week. We want you to know that your hard work has not gone unnoticed - we are forever grateful to you:

Orna Valdmar Catering Mazal Danino
Carmit Cohen Mazal Rubinstein
Dalia Omrany Michal Sabag
Dana Groina Nathli Eloul

Denis Giladi Natalie Kralevy-Levy

Galit Numa
Rachel Rich
Gila Anava
Ruth Bassly
Kaye Reichart
Liat Levy
Sarit Varon
Raquel Darmon
Ronit Bazak
Tova Cohen

We would also like to thank the restaurant owners who have been donating food for our patients consistently throughout the years:

- Alon and his family Darna Kitchen
- Dina Star Falafel Grill
- Shaul & Keren Sandwich Bar 26



Beauty

Mehri, the Beauty Sisters Salon: Mahri has been a sponsor of Stand By Me for the last 5 years, and provides free hair styling to our patients. When needed, Mehri will even walk the extra mile and go to patients' houses to give them a haircut.

Tikva Capelouto, Pini Beauty Salon: Tikva will always make time to give free manicures & pedicures to our patients.

Miri and Tikva, thank you for helping our patients look good and feel better!

Speakers

Special thank you to those who share their professional talents with our patients and volunteers:

Sherri Darvish, Nutritionist:

for lecturing to our patients in our support group session.

Noa Schecter, coacher:

for teaching her "7 Essentials for Good Communication" workshop to our volunteers.

Iris Nofar, Interior Designer & Feng-Shui counselor:

for speaking at our monthly volunteer meeting.

Happy Birthday!

Rachel - 1/20 Oscar - 1/31 Ami - 2/4

We hope your day is filled with lots of love and laughter! May all your birthday wishes come true.





How Can You Help

Stand By Me is able to provide our services through help from people like you. Here are some ways you can help:

- 1) Refer a friend in need!
- 2) Volunteer! Our volunteers help transport patients to and from medical appointments and treatments, cooking hot meals, babysitting, tutoring and many other everyday household chores. Click here to volunteer.
- **3) Make a donation!** Whether giving money or goods, every amount, large or small, makes a difference in the lives of our patients. Click here to make a donation.
- **4) Spread the word!** Forward this newsletter to friends and like us on Facebook.

Like us on Facebook

OUR PARTNERS







