

## Stand By Me Newsletter

December 24, 2014

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## WANT TO VOLUNTEER WITH US?

Please attend our New Volunteers Meeting: Jan 7th, 2014, 7:30pm Good Life Academy 18719 Calvert St, Tarzana RSVP:

batyal@standbymela.org

Dear Stand By Me family,

#### Happy Hanukkah!

May your lives be filled with hope and light!



As the year 2014 is coming to an end, we would like to thank you for being members of our family, for helping us spread the kindness and for inspiring us to continue working hard to improve people's lives.

It is our pleasure to provide you an update on our activities:

- Our <u>website</u> has been updated to include newsletters and media appearances check it out!
- We celebrated Hannukah together at Valley Beth Shalom;
- We participated in the <u>Israeli American Council</u>'s National Conference in the capital;
- And more... you are invited to read below.

Please take a moment to share this newsletter or our <u>Facebook</u> <u>page</u> with your friends.

## LEADERSHIP & MANAGEMENT

Gila Milstein, President

Arik Chaim, Secretary

Sigal Ankri, Co-Founder, Patients Coordinator

Batya Levy, Office Manager

### Stand By Me at the Israeli American Council's 1st National Conference

Last month the Israeli American Council (IAC) had its first national conference in Washington DC. We were there to spread the word about what we do. It is important for us to get the word out to as many Israelis as possible.



We are here so that no one will have to face cancer alone.



THANK YOU to Rabbi Gordon and Rabbi Aryeh Herzog from Chabad Encino, as well as Moti & Michal Sabag

- for hosting the family of one of our patients who came from Colorado!

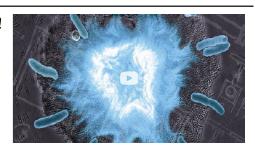


**GOOD LUCK** to <u>Amalia</u>, who went to Boston for treatment. Amalia - we love you and believe in you! Be strong!



CONGRATULATIONS to our volunteers Mazal & Barri Danino! Their son, Tal Danino, a postdoctoral scholar at MIT, is one of 21 visionaries worldwide who received the TED Award for 2015: "The TED Prize is awarded to an individual with a creative, bold vision to spark global change."

Tal was chosen for his research to detect early cancer.
We need more people like Tal, and wish him best of luck with advancing his research!



### Hanukkah Celebration!

Picture on the right:
Batya Levy, Gila Milstein, Etty Moshe (event planner), Sigal
Ankri, Michal Sabag (volunteer)

Picture below: Rabbi Feinstein & others



The Stand By Me family celebrated the Festival of Lights hosted by <u>Rabbi Feinstein</u>, who honored us with his presence and words.

Together, at <u>Valley Beth Shalom</u>, we lit a Hanukkah Menorah, sang songs, ate latkes, and had the opportunity to get a fun break from the every-day routine.

<u>Rabbi Feinstein</u> - thank you for being there to make our party more meaningful!



## We would like to thank those who made our party possible:

- Miller and Ilana Zimmerman from Valley Beth Shalom
- Munchies frozen Yogurt Jody Balas
- DJ Titus
- Singer Yakir Levy
- Sport Tulies kids' entertainment Meytal Bracha, Pnina Fogel - helper
- Unique Bakery
- Photographer Eyal Elgrably

#### Stand by me Volunteers:

• Party planner - Etty Moshe

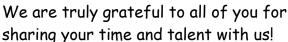
Gila Milstein, the President of Stand By Me, said in her speech:

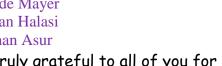
ניקח עלינו את האחריות לגרש את החשיכה עם הפצת אור עם כל נר ונר נביא גבורה, כוח ואור בקהילה ולכל מי שאנו באים איתו במגע

"This year we will take the responsibility to fight the darkness with light. One candle at a time, with each candle we will bring strength and light to our community."

Thank you to the many of you who were there to celebrate with us!

- Yafit Saban organizing arts and crafts and for the supplies
- Hagan Shel Racheli - art and craft supplies
- Michal Sabag
- Maya Givati
- Guy Waisman
- Adam Levy
- Joide Mayer
- Ryan Halasi
- Ethan Asur





Thank You

## **Volunteering with Stand By Me**

written by Stand By Me volunteers

"When I heard about Stand By Me, I was moved and decided to volunteer. Because I know about the therapeutic benefits of pure essential oils (I teach classes on the topic) and about the power of touch, I wanted to offer hand massages using specific oils as they help alleviate pain, reduce anxiety and more. When I give this treatment I always receive even more in return, and if I can bring a few moments of spa-like-relaxation to a cancer survivors day - I'm blessed and honored to do so. In Gratitude, Jodie Myers"

"It's been a wonderful experience. I met an amazing couple whom I love to visit every week, and besides feeling great satisfaction in being able to help them I really enjoy spending time and getting to know them. I wish them Refua shlema and a long beautiful like and am happy they are part of my life. תודה. "

#### Join our family!

If you want to impact people's lives; If you speak Hebrew; If you have been looking for a meaningful volunteering opportunity - we would love have you.

We need more volunteers to help with transportation, visitation, deliveries, administrative work, professional needs and more. Please join our next New Volunteers Meeting (only occurs twice a year):

When: January 7th, 2015

Where: Good Life Academy, 18719 Calvert St., Tarzana, CA 91335

RSVP: BatyaL@standbymela.org

We are looking for kind people, ages 16+, preferably Hebrew speaking. We will tailor the right volunteering opportunity for you based on your preferences and desired level of involvement.

All of us at Stand By Me are so grateful for the support we have received from our friends and donors we are confident that with your continued support we can make a huge difference in the lives of our deserving patients.

### **Helpful Resources**







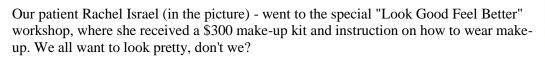
www.beautybus.org

www.wespark.org

www.cancer.org

#### 1) American Cancer Society:

In the past few months, we cultivated a relationship with the <u>American Cancer Association (ACS)</u> - the largest cancer organization in the world: we were added to their resources list so that every Israeli-American cancer patient will be referred to us; we marched at their 'Strides for Breast Cancer' (see <u>October's newsletter</u>); and have been referring our patients to their excellent services.





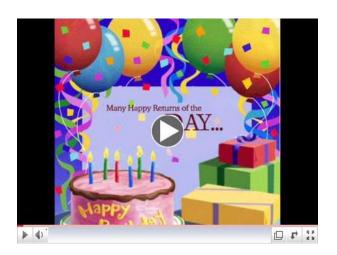
All of the ACS services are free and coordinated via their toll-free number: 1-888-227-2345. We have had positive interactions with them and highly recommend reaching out for their services. Stand By Me is of course always here for you with all of the services that we provide - we will always be your Jewish-Israeli-American family!

- 2) <u>weSPARK.org</u>: go to their <u>website</u> in order to sign up for a variety of activities, including: Soul Collage, lectures, Numerology workshop, Drum Circle, Art Wordkhop, Gentle and Restorative Yoga, Tai Chi, Guided Imagery, Mindfulness Meditatio and more!
- 3) <u>Beauty Bus Foundation</u>: This organization provides free beauty treatments, including in patients' homes. We strongly recommend checking their <u>website</u> out.

### מזל טוב!!! מזל טוב

David - 11/14 Miri - 11/18 Michal - 11/20 Liora - 11/25 Amit - 12/07 Shoshana - 12/15 Irit - 12/18

We wish you the best on your birthday. May every day and year be filled with love, health, happiness and friendship. We wish that you continue to love life and never stop dreaming. May beauty and happiness surround you not only on your special day, but always!





## How Can You Help

Stand By Me is able to provide our services through help from people like you. Here are some ways you can help:

- 1) Refer a friend in need!
- 2) Volunteer! Our volunteers help transport patients to and from medical appointments and treatments, cooking hot meals, babysitting, tutoring and many other everyday household chores. Click here to volunteer.
- **3) Make a donation!** Whether giving money or goods, every amount, large or small, makes a difference in the lives of our patients. Click here to make a donation.

Checks should be payable to Stand By Me and emiled to: 15910 Ventura Blvd, Suite 812, Encino, CA 91436 **4) Spread the word!** Forward this newsletter to friends and like us on Facebook.

Like us on Facebook 🚹

Stand By Me moved to a new office! Our new address is: 15910 Ventura Blvd, Suite 812, Encino, CA 91436 Our new phone number is: (818) 664-4100